



St. Arnolds Education Trust
ST. ARNOLDS NIGHT DEGREE COLLEGE OF ARTS & COMMERCE
Recognised Linguistic (Christian) Minority Institution
(Affiliated to University of Mumbai)
Mahakali Caves Road, Gyan Ashram Campus, Andheri East, Mumbai- 400093.

**Report on
Guest talk on 'Menstrual Hygiene'**

- 1. Name of the Cell:** I.Q.A.C. in association with Women's Development Cell
- 2. Day & Date of Event:** Tuesday, 30th July 2024
- 3. Duration:** 03:45 p.m. (1 hr 30min)
- 4. Collaborating agency:** Campus Konnect
- 5. Name, Organisation & Designation of Resource Person:** Ms. Vinath Hegde, Campus Konnect, Influencer
- 6. Objectives of the Event:**
 - To increase awareness about menstruation and menstrual hygiene practices.
 - To improve access to clean and private facilities for changing and disposing of menstrual products.
 - To promote gender equality and reduce menstrual-related discrimination.
- 7. Outcomes of the Event:**
 - Learners will have a better understanding of menstrual health, the menstrual cycle, and the importance of maintaining menstrual hygiene.
 - Addressing menstrual hygiene can contribute to gender equality by ensuring that menstruation does not become a barrier to education or participation in other activities.
 - Educating learners on proper menstrual hygiene practices can lead to healthier habits, reducing the risk of infections and other health issues.
- 8. No. of Organising Members:**

	Male	Female	Total
Faculty Members	-	4	4
Learners	-	194	194
Total	00	198	198

9. No. of Beneficiaries:

	Male	Female	Total
Faculty Members	-	4	4
Learners	-	194	194
Total	00	198	198

10. Photographs:


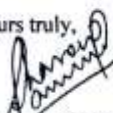




Flyer – Menstrual Hygiene



Guest talk on "Awareness on Menstrual Hygiene" by Ms. Vinath Hegde

11. Invite & Thank you letter:

	<p>ST. ARNOLD'S EDUCATION TRUST</p> <p>ST. ARNOLD'S DEGREE COLLEGE</p> <p>Mahakali Caves Road, Andheri (E), Mumbai - 400 093</p> <p>(Registered under Bombay Public Trust Act, 1950) E - 18216</p>
<p>Ref. No.:</p> <p>Ms. Vinath Hegde Campus Kconnect</p> <p>Subject: Invitation to deliver an offline talk.</p> <p>Dear Madam,</p> <p>I would like to invite you as a Resource person to deliver a talk on Menstrual Hygiene to be held on Tuesday, 30th July, 2024 from 4:00 p. m. to 5:00 p. m. This talk is organised for all the learners of Degree College.</p> <p>It will be an honour and privilege to have you with us.</p> <p>Thank you.</p> <p>Yours truly,</p> <p> Dr. Sharon Samuel I/c Principal.</p> <p> received</p> <p></p>	
<p>Tel.: (022) 2839 6154, 2831 4569 E-mail: arnoldegrecollege@gmail.com / www.arnoldscollgeandheri.edu.in</p>	



ST. ARNOLD'S EDUCATION TRUST

ST. ARNOLD'S DEGREE COLLEGE

Mahakali Caves Road, Andheri (E), Mumbai - 400 093

(Registered under Bombay Public Trust Act, 1950) E - 18216

Ref. No.:

July 30, 2024.

Ms. Vinath Hegde
Campus Kconnect

Subject: Thank you letter.

Dear Madam,

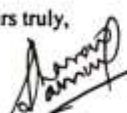
On behalf of the College Management, Faculty Members and learners, I would like to thank you, for delivering an offline talk on Menstrual Hygiene on Tuesday, 30th July, 2024.

Your session was motivating and inspiring for our learners. They have appreciated your efforts and would benefit from the session.

We look forward to your co-operation for other academic endeavours that the institution would undertake in the future.

Thank you.

Yours truly,


Dr. Sharon Samuel
I/c Principal.



received



Tel.: (022) 2839 6154, 2831 4569

E-mail: arnoldegrecollege@gmail.com / www.arnoldcollegeandheri.edu.in

12. Attendance sheet:


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 Mahakali Caves Road, Gyan Ashram Campus, Andheri East, Mumbai- 400093.

ATTENDANCE SHEET

Name of Association/Department/Cell: Women Development Cell Date: 30/07/2024

Name of Event: Guest talk on Menstrual Hygiene

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
1	Rakhi Sanjay Peshkar	FY.BAF	F	99300 96090	Rakhi
2	Purvi Navik Sampat	FYBAF	F	9702309612	Purvi
3	Mesilla D'souza	FYBAF	F	9004331582	Mesilla
4	FRANCA D'VIA	TYBCOM	F	8600370932	Francia
5	Anjela Puri	TYBCOM	F	9827267195	Anjela
6	Rashmi Lagan	TYBCOM	F	9890580156	Rashmi
7	Renuka Pujari	TYBCOM	F	9828352698	Renuka
8	Soni Yashvi	TYBCOM	F	9136653002	Soni
9	Aachal Varma	TYBCOM	F	9152058410	Aachal
10	Chandani Bagase	FYBAF	F	9757267941	Chandani
11	Taniya Panab	FYBAF	F	9702130194	Taniya
12	Shruti Mali	FY.BSC.IT	F	8652084431	Shruti
13	Elisa, Edward D'souza	FY.Bcom	F	7400366632	Elisa
14	Divya Dharmendra Yadav	FYBAF	F	9769018658	Divya
15	Rinkal Arthiya	FYBAF	F	9321788535	Rinkal

Ms. Kinjal Patel

16. Sania Rehman Shaikh	F.Y.BAF	F	8976587792	Sania.
17. Riya Jiyalal Jaiswar	F.Y.Bcom	F	8779388518	Riya
18. Salomie Francis D'souza	TYBCOM	F	7208886354	Salomie
19. Priyanka Anand Upadhyay	TYBCOM	F	9062292593	Priyanka
20. Vanessa Rego	TYBCOM	F	9004759776	Vanessa
21. Tannu Gupta	S.Y.Bcom	F	9920355701	Tannu
22. Reshma Shah	S.Y.B.com	F	9920871092	Reshma
23. Dipika Sharma	F.Y.B.com	F	7208565174	Dipika
24. Afsha Shaikh	F.Y.Bsc IT	F	8099690507	Afsha
25. Neetu Yadav	F.Y.BMS	F	8828520671	Neetu
26. Elaine Almeida	FYBMS	F	9004922905	Elaine
27. Rebecca Paulraj	S.Y.BMS	F	9372453543	Rebecca
28. Divisha	SYBAF	F	7738934110	Divisha
29. Riya Yadav	SYBAF	F	9930719428	Riya
30. Mansi Mathapatr	SYBMS	F	8369505850	Mansi
31. Tulsi Meva	SYBMS	F	7208202129	Tulsi
32. Anchal Sharma	SYBAF	F	9321462446	Anchal

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
33	Pooja Varma	S.Y.B.com	Female	8591749646	Pooja
34	Tarannur Quirelli	S.Y.B.com	Female	8820572021	Tarannur
35	Toya prajapati	S.Y.B.com	Female	9136121184	Toya
36	Babli Moha	S.Y.B.COM	Female	9619536947	Babli
37	Sneha choudhury	SYB.COM	Female	8879194003	Sneha
38	Shalini Nirmal	SYB.COM	Female	8454827497	Shalini
39	Padma P Metkar	SYB.COM	Female	8591125060	Padma
40	Katrina - A. Rodrigues	FYBMS	Female	9082825680	Katrina
41	Mansi Venma	FYB.com	Female	8169092678	Mansi
42	Zubiyah Shaikh	FY.BMS	Female	9137487985	Zubiyah
43	Sania Shaikh	FY.BAF	Female	8850392125	Sania
44	Vamini Pal	SYB.COM	Female	7718816850	Vamini
45	Batiksha Poojari	SYB.com	Female	705916301	Batiksha
46	Himani Borkar	FYBMS	Female	9082536419	Himani
47	Vaishnavi Adhikari	FYB.COM	Female	8657828879	Vaishnavi
48	Smriti Tanlekan	FYBMS	Female	9769220708	Smriti
49	Sanjana sharma	FYBMS	Female	8779963865	Sanjana
50	Prapti Gorule	FYBSCIT	Female	8446115882	Prapti
51	Riya Chorkari	FYBMS	Female	7666849710	Riya
52	Shriya Epili	FYBMS	Female	8297907951	Shriya

Name & Signature of Teacher In-charge :

Ms. Kinjal Patel

53 Tanisha Kondur Khan	FYBMS	9076039781	Female	Tanisha
54 Gauri mahesh panaskar	FYB.COM	8667282833	Female	Gauri
55 Karpina Vishwakarma	SYBMS	9167691645	Female	Karpina
56 PRITI PRATAPATI	SYBMS	9152507740	Female	Priti
57 RIDHIKA YADAV	SYBMS	8850168442	Female	Ridhika
58 Shifa Shaikh	FYBAF	9768649420	Female	Shifa
59 Harshada More	FYBAF	7977669180	Female	Harshada
60 Nausheen Shaikh	FYBMS	7779286802	Female	Nausheen
61 Mansi Mujar	FYBMS	9137551609	Female	Mansi
62 Diandra Plakol	FYBMS	7208330304	Female	Diandra
63 Shital Lokase	SYBMS	9082491753	Female	Shital
64 Nathanila Alfonso	FYBMS	9850109567	Female	Nathanila
65 Sonia Ambre	FYBMS	8097957811	Female	Sonia
66 Khan Alisha	FYBMS	9702958185	Female	Khan Alisha
67 Teishri Ramer	FYBMS	7997690045	Female	Teishri
68 Priti Singh	FYBAF	9921965782	Female	Priti
69 Sana Ansari	FYBAF	9833565641	Female	Sana
70 Khan Arshi	FYBAF	9619676649	Female	Khan Arshi
71 Sanjana Yadav	FYBAF	8097107455	Female	Sanjana
72 Awa Sayed	FYBAF	8828102289	Female	Awa
73 Sidique Suraiya Pannu	FYBAF	8828347283	Female	Sidique

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
74	Manisha Lachar	T.Y.P.Com	Female	9902664812	Manisha
75	Sanjaya Yadav	T.Y.P.Com	Female	8655172469	Sanjaya
76	Rashmi Yadav	T.Y.P.Com	Female	9004039098	Rashmi
77	Shruti Chaudhary	F.Y.B.Com	Female	8591551943	Shruti
78	Siddhi Ravindra Gupta	F.Y.B.A.F	F	8369506259	Siddhi
79	Smriti Koli	F.Y.B.A.F	F	9321563536	Smriti
80	Kavita Mahesh Dasari	F.Y.B.A.F	F	8104530091	Kavita
81	Raja Surash Kotian	F.Y.B.A.F	F	9967742710	Raja
82	Anjali Gangola	F.Y.B.A.F	F	9321630057	Anjali
83	Sejal Shukla	F.Y.B.A.F	F	9321630057	Sejal
84	Jidnya Dalvi	SY.B.Com	F	959149646	J.R. Dalvi
85	Konishka Kosurde	F.Y.B.A.F	F	9619862853	Konishka
86	Sanjona Poojara	F.Y.B.A.F	F	7710081711	Sanjona
87	Jyoti Sharma	F.Y.B.A.F	F	8350585541	Jyoti S.
88	Dhagyasree dengot	F.Y.B.A.F	F	7304392195	Dhagyasree
89	Rashika Patel	TY.BMS	F	7208536159	Rashika
90	Muskan Kerani	TY.BMS	F	7208526159	Muskan
91	Reena Yadav	F.Y.B.Sc.IT	F	7738856328	Reena
92	Khushi Sharma	F.Y.B.Sc.IT	F	7110935074	Khushi
93	Pooja Pariyaz	SY.BMS	F	9920912681	Pooja

Name & Signature of Teacher In-charge: MS. Kinjal Patel

94	MAMTA RANA	SYBMS	FEMALE	9152354623	Manisha
95	PRIYA BHALERAO	SYBMS	FEMALE	8097664261	Priya
96	Sonam Pandey	F.Y.B.Sc (IT)	female	9118583573	Sonam Pandey
97	Nisha Yadav	F.Y.B.Sc IT	female	8169472852	Nisha
98	Shrutika Pillai	F.Y.B.Sc IT	Female	9324589689	Shrutika
99	Pragathi Phalke	SYBAF	female	9137973833	Pragathi
100	Komal Yadav	SYBAF	female	8779217451	Komal
101	Kavita Yadav	TYBMS	female	9136851552	Kavita
102	Anita Arathiya	TYBMS	female	9967487841	Anita
103	Rishi Salkar	SYBMS	female	9004335744	Rishi
104	Yashika Pawar	TYBMS	female	9867314741	Yashika
105	Muskan Shukla	TYBMS	female	8591643989	Muskan
106	Kojal Yadav	TYBSCIT	female	8090818582	Kojal
107	Siddhi Chavhan	SYBAF	Female	0920271622	Siddhi
108	Jyoti Kum. Gupta	SYBAF	female	9321831358	Jyoti
109	Priyanka Dwivedi	TYBSCIT	female	8828204119	Priyanka
110	Armita Suresh	TYBMS	Female	8097339725	Armita
111	Gayatri Jomagi	TYBMS	female	8976063041	Gayatri
112	Siri Bini	TYBSCIT	female	8097986390	Siri
113	Azija Shaikh	SYBSCIT	Female	7208795447	Azija
114	Clary D'Silva	TY.BMS	Female	7152703593	Clary
115	Jeffena Joseph	TY.BMS	Female	7845400483	Jeffena

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
116	Shifa Saim Mirza	FY.BSc.IT	F	9821335154	Shifa
117	Tyati Gini	FY.B.Com	F	7304389784	Tyati
118	Shiga MR Soidul	Ty.B.Com	F	8879423240	Shiga
119	Aashakant Gupta	Ty.B.Com	F	8879423240	Aashakant
120	Chandni Bafapati	FY.B.Com	F	9769072771	Chandni
121	Sacha Yadav	FY.B.Com	F	9921306273	Sacha
122	Asmita K. Dhawan	FY.BSc.IT	F	8879769791	Asmita
123	Royal P. Mishra	FY.BSc.IT	F	9924843573	Royal
124	Anjali Gaud	TY.BAF	F	8291493711	Anjali
125	Laxmi Yadav	TY.BAF	F	7880669901	Laxmi
126	Rikha Verma	TY.BAF	F	7977625916	Rikha
127	Geeta Pal	TY.BAF	F	8425026582	Geeta
128	Tanisha Jaiswal	FY.BAF	F	9930828489	Tanisha
129	Alvini Upasri	FY.BacIT	F	9920292074	Alvini
130	Geeta Boda	F.Y.B.Com	F	9004942590	Geeta
131	Vishaka Kharvi	F.Y.B.Com	F	9967111103	Vishaka
132	Sanyad Saniya	F.Y.BMS	F	9321125266	Sanyad
133	Muskan Shaikh	F.Y.BMS	F	7138276330	Muskan
134	Jayamany Manickam	F.Y.BAF	F	9894751621	Jayamany
135	MONICA VINNARAGI MARISDAI	FY.B.COM	F	8779898676	Monica

Name & Signature of Teacher in-charge:

Ms. Kinjal Patel

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
136	Sharda Jaiswal	SY.BAF	F	898890289	Sharda
137	Pallavi Morbale	SY.BAF	F	8657845693	Pallavi
138	Joy Arena	SY.BAF	F	9819372957	Joy
139	Jaswinder Manickam	FY.B.Com	F	8097709867	Jaswinder
140	Bhumi Bhiggave	SY.BAF	F	8591252656	Bhumi
141	Bakshi GHADI	SY.BAF	F	8169818804	Bakshi
142	Zainab Gureshi	SY.BAF	F	9967136402	Zainab
143	Tashu Singh	SY.BAF	F	9326469302	Tashu
144	Fizza Hashmi	SY.BAF	F	7100250255	Fizza
145	Nastira Shaikh	SY.BAF	F	7304096471	Nastira
146	Saleha Shaikh	SY.BAF	F	7045973568	Saleha
147	Shivani Shukla	SY.BAF	F	8928284052	Shivani
148	Toora Tomar	SY.BAF	F	9008455190	Toora
149	Ishika Kumari	TY.BMS	F	7304364068	Ishika
150	Arpana Anandkar	TY.BMS	F	9969920567	Arpana
151	Navita Danden	TY.BMS	F	9833983048	Navita

Sr. No.	Name of the Learner	Class	Gender	Contact No.	Signature
152	Shriamma Bombale	F.Y.B.com	F	748326223	Bombale
153	Akanksha Yadav	F.Y.B.com	F	9769523380	Akanksha
154	Gurpreet Kaur Gori	F.Y.B.com	F	9867675750	Gori
155	Pooja Kumari Nande Pasi	F.Y.B.com	F	9619919415	Pasi
156	Anjali Yadav	F.Y.B.com	F	8174899385	Anjali
157	Jyoti Deepika Akumantli	F.Y.B.com	F	8691427758	Jyoti
158	Pooja Waghmare	S.Y.B.MS	Female	7715926954	Pooja
159	Shruti Panchal	S.Y.B.MS	Female	9653631871	Shruti
160	Nandini Prajapati	F.Y.B.Sc ^{II}	F	7039706584	Nandini
161	Tanu Vishwakarma	F.Y.B.Sc(II)	Female	9959136200144	Tanu
162	Nishi Anil Jha	F.Y.B.com	Female	9136937653	Nishi
163	Tishuani Rajesh Rai	F.Y.B.com	Female	7738181534	Tishuani
164	Trisha Vishwakarma Bharat	F.Y.B.com	F	9702982655	Trisha
165	Nandini Gupta Anil	F.Y.B.com	F	97288921785	Nandini
166	Sonali Vishwanath Rathod	F.Y.B.Sc-II	F	9970769347	Sonali
167	Riya Kadam	F.Y.B.Sc(II)	F	9372384654	Riya
168	Konar Nitya Mungar	F.Y.B.Sc(II)	F	8591605089	Konar
169	Saurav Shobhika Raj	F.Y.B.Sc(II)	F	9082835642	Saurav
170	Pinto Velankanni Marvel	F.Y.B.Sc(II)	F	9967610957	Pinto
171	Patiya Bilu Gates Franklin	F.Y.B.Sc(II)	F	8591554323	Patiya

Name & Signature of Teacher In-charge :

Ms. Kinjal Patel

172	Ingle Archana	F.Y.B.com	8091108941	Archana
173	Sakshi Upadhyay	F.Y.B.MS	8097859514	Sakshi
174	Pashani Maurya	F.Y.B.MS	8828114844	Pashani
175	Dipika Borkar	TY.BAF	9321695055	Dipika
176	Shreyas Jeyaraj	TY.BAF	9136709605	Shreyas
177	Anjali Patil	TY.BAF	9324648249	Anjali
178	Pooja Kani Nafar	TY.Bcom	9082476647	Pooja

