



Report on Guest talk on 'Menstrual Hygiene'

- Name of the Cell:** I.Q.A.C. in association with Women's Development Cell
- Day & Date of Event:** Tuesday, 30th July 2024
- Duration:** 03:45 p.m. (1 hr 30min)
- Collaborating agency:** Campus Konnect
- Name, Organisation & Designation of Resource Person:** Ms. Vinath Hegde, Campus Konnect, Influencer

6. Objectives of the Event:

- To increase awareness about menstruation and menstrual hygiene practices.
- To improve access to clean and private facilities for changing and disposing of menstrual products.
- To promote gender equality and reduce menstrual-related discrimination.

7. Outcomes of the Event:

- Learners will have a better understanding of menstrual health, the menstrual cycle, and the importance of maintaining menstrual hygiene.
- Addressing menstrual hygiene can contribute to gender equality by ensuring that menstruation does not become a barrier to education or participation in other activities.
- Educating learners on proper menstrual hygiene practices can lead to healthier habits, reducing the risk of infections and other health issues.

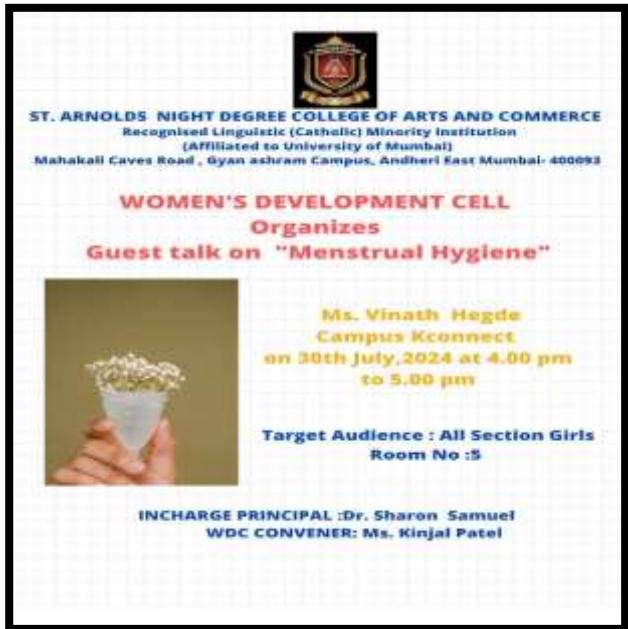
8. No. of Organising Members:

| | Male | Female | Total |
|-----------------|-----------|------------|------------|
| Faculty Members | - | 4 | 4 |
| Learners | - | 194 | 194 |
| Total | 00 | 198 | 198 |

9. No. of Beneficiaries:

| | Male | Female | Total |
|-----------------|------|--------|------------|
| Faculty Members | - | 4 | 4 |
| Learners | - | 194 | 194 |
| Total | 00 | 198 | 198 |

10. Photographs:

| |
|--|
|  <p>ST. ARNOLDS NIGHT DEGREE COLLEGE OF ARTS AND COMMERCE Recognized Linguistic (Catholic) Minority Institution (Affiliated to University of Mumbai) Mahakali Caves Road, Gyatashram Campus, Andheri East Mumbai- 400093</p> <p>WOMEN'S DEVELOPMENT CELL Organizes Guest talk on "Menstrual Hygiene"</p> <p></p> <p>Ms. Vinath Hegde Campus Kconnect on 30th July, 2024 at 4.00 pm to 5.00 pm</p> <p>Target Audience : All Section Girls Room No : 5</p> <p>INCHARGE PRINCIPAL : Dr. Sharon Samuel WDC CONVENER: Ms. Kinjal Patel</p> |
| Flyer – Menstrual Hygiene |
|  <p>BYOB</p> <p>Mumbai, Maharashtra, India Mahakali Caves Road Andheri (East Opposite Cannosa High School, Subhash Nagar, Andheri East, Mumbai, Maharashtra 400093, India Lat 19.123888° Long 72.867142° 30/07/24 04:17 PM GMT +05:30</p> <p>GPS Map Camera</p> |
| Guest talk on "Awareness on Menstrual Hygiene" by Ms. Vinath Hegde |

11. Invite & Thank you letter:

 ST. ANTONIUS EDUCATION TRUST
ST. ARNOLD'S DEGREE COLLEGE
Mahakali Caves Road, Andheri (E), Mumbai - 400 093
(Registered under Bombay Public Trust Act, 1950) E - 18216

Ref. No.: July 23, 2024.

Ms. Vinath Hegde
Campus Connect

Subject: Invitation to deliver an offline talk.

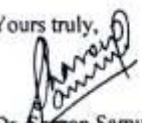
Dear Madam,

I would like to invite you as a Resource person to deliver a talk on Menstrual Hygiene to be held on Tuesday, 30th July, 2024 from 4:00 p. m. to 5:00 p. m. This talk is organised for all the learners of Degree College.

It will be an honour and privilege to have you with us.

Thank you.

Yours truly,

Dr. 
Dr. Sharon Samuel
I/c Principal.


Received



Tel.: (022) 2839 6154, 2831 4569
E-mail: arnolddegreecollege@gmail.com / www.arnoldscollegeandheri.edu.in



OL. ARNOLD'S EDUCATION TRUST

ST. ARNOLD'S DEGREE COLLEGE

Mahakali Caves Road, Andheri (E), Mumbai - 400 093

(Registered under Bombay Public Trust Act, 1950) E - 18216

Ref. No.:

July 30, 2024.

Ms. Vinath Hegde
Campus Kconnect

Subject: Thank you letter.

Dear Madam,

On behalf of the College Management, Faculty Members and learners, I would like to thank you, for delivering an offline talk on Menstrual Hygiene on Tuesday, 30th July, 2024.

Your session was motivating and inspiring for our learners. They have appreciated your efforts and would benefit from the session.

We look forward to your co-operation for other academic endeavours that the institution would undertake in the future.

Thank you.

Yours truly,


Dr. Sharon Samuel
I/c Principal.


Received



Tel.: (022) 2839 6154, 2831 4569
E-mail: arnolddegreecollege@gmail.com / www.arnoldscollageandheri.edu.in

12. Attendance sheet:

| St. Arnolds Education Trust ST. ARNOLD'S NIGHT DEGREE COLLEGE OF ARTS & COMMERCE Recognised Linguistic (Catholic) Minority Institution (Affiliated to University of Mumbai) Mahakali Caves Road, Gyan Ashram Campus, Andheri East, Mumbai- 400093. | | | | | |
|--|------------------------|-----------|------------------|-------------|-----------|
| ATTENDANCE SHEET | | | | | |
| Name of Association/Department/Cell: Women Development Cell | | | Date: 30/07/2024 | | |
| Name of Event: Guest talk on Menstrual Hygiene | | | | | |
| Sr. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
| 1 | Rakhi Samoj Peshkar | FY.BAF | F | 9930096040 | Rakhi |
| 2 | Purni Navik Sampatiai | FYBAF | F | 9702309612 | Purni |
| 3 | Merilla D'souza | FYBAF | F | 9004331582 | Merilla |
| 4 | Francine D'Maria | TYB.COM | F | 8660370932 | Francine |
| 5 | Angela Party | TYB.COM | F | 9827287195 | Angela |
| 6 | Rishonita Lagan | TYB.COM | F | 9890580156 | Rishonita |
| 7 | Renuka Pujari | TYB.COM | F | 9828352698 | Renuka |
| 8 | Bomi Yashav | TYB.COM | F | 9136653002 | Bomi |
| 9 | Rachal Varma | TYB.COM | F | 9152058410 | Rachal |
| 10 | Chandani Bagwe | FY.BAF | F | 9457267941 | Chandani |
| 11 | Tanya Panab | FY.BAF | F | 9762130194 | Tanya |
| 12 | Shuktali Mali | FY.BSC.IT | F | 8652084431 | Shuktali |
| 13 | Elisha Edward D'Souza | FY.B.COM | F | 7400366632 | Elisha |
| 14 | Dinya Dharmendra Yadav | FYBAF | F | 9769018658 | Dinya |
| 15 | Rinkal Arathiya | FYBAF | F | 9321788535 | Rinkal |

Ms. Kirjal Patel

| | | | | |
|-----------------------------|------------|---|------------|----------|
| 16. Sania Rehman Shaikh | F.Y.BAF | F | 8976587792 | Sania. |
| 17. Riya Jiyalal Jaiswal | F.Y.B.COM | F | 8779388518 | Riya |
| 18. Salomie Francis D'souza | TYB.COM | F | 7208886354 | Salomie |
| 19. Priyanka Anand Upadhyay | TYB.COM | F | 9082292593 | Priyanka |
| 20. Vanessa Rego | TYB.COM | F | 9004759776 | Vanessa |
| 21. Tannu Gupta | S.Y.B.COM | F | 9920355701 | Tannu |
| 22. Reshma Shah | S.Y.B.COM | F | 9720871072 | Reshma |
| 23. Deepika Sharma | F.Y.B.COM | F | 7208565174 | Deepika |
| 24. Afsha Shaikh | F.Y.BSC.IT | F | 8099690507 | Afsha |
| 25. Neetu Yadav | F.Y.BMS | F | 8828520671 | Neetu |
| 26. Elaine Almeida | F.Y.BMS | F | 9004922905 | Elaine |
| 27. Rebecca Paulraj | SY.BMS | F | 9372453543 | Rebecca |
| 28. DeviShri | SY.BAF | F | 7738934110 | DeviShri |
| 29. Riya Yadav | SY.BAF | F | 9930719428 | Riya |
| 30. Mansi Mathpatra | SY.BMS | F | 8369306850 | Mansi |
| 31. Tulsi Mera | SY.BMS | F | 7208202129 | Tulsi |
| 32. Anchal Sharma | SY.BAF | F | 9321460446 | Anchal |

| Sr. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
|---------|------------------------|-------------|--------|-------------|-----------|
| 33 | Pooja Varma | S.Y.B.Com | Female | 8591749646 | Pooja |
| 34 | Tarannum Qureishi | S.Y.B.Com | Female | 8728872021 | Tarannum |
| 35 | Tanya Prajapati | S.Y.B.Com | Female | 9136521184 | Tanya |
| 36 | Babli Mohita | S.Y.B.Com | Female | 9619536947 | Babli |
| 37 | Sneha Choudhury | S.Y.B.Com | Female | 8879194003 | Sneha |
| 38 | Shalini Nirmal | S.Y.B.Com | Female | 8454827497 | Shalini |
| 39 | Padma PMetkar | S.Y.B.Com | Female | 8591125060 | Padma |
| 40 | Katrina - A. Rodrigues | F.Y.B.M.S | Female | 9082825680 | Katrina |
| 41 | Mansi Verma | F.Y.B.Com | Female | 8169092678 | Mansi |
| 42 | Zubaida Shaikh | F.Y.B.M.S | Female | 9132487985 | Zubaida |
| 43 | Santosh Shaikh | F.Y.B.A.F | Female | 8850392725 | Santosh |
| 44 | Namini Pal | S.Y.B.Com | Female | 7718816850 | Namini |
| 45 | Pratiksha Poojary | S.Y.B.Com | Female | 7015916301 | Pratiksha |
| 46 | Himani Borkar | F.Y.B.M.S | Female | 9082538418 | Himani |
| 47 | Yashna Adhikari | F.Y.B.Com | Female | 8657828879 | Yashna |
| 48 | Prushti Tanlekar | F.Y.B.M.S | Female | 9769220708 | Prushti |
| 49 | Sanjana sharma | F.Y.B.M.S | Female | 8779963865 | Sanjana |
| 50 | Prapti Gorule | F.Y.B.C.I.T | Female | 8446115882 | Prapti |
| 51 | Riya Charkari | F.Y.B.M.S | Female | 7666849710 | Riya |
| 52 | Shriya Epili | F.Y.B.M.S | Female | 8297907951 | Shriya |

Name & Signature of Teacher In-charge: Mr. Kinjal Patel

| | | | | | |
|----|------------------------|-----------|------------|--------|-----------|
| 53 | Tanisha Kondwani | F.Y.B.M.S | 9076039781 | Female | Tanisha |
| 54 | Gauri mahesh paraskar | F.Y.B.Com | 8667282833 | Female | gauri |
| 55 | Karpina Vishwakarma | S.Y.B.M.S | 9167691645 | Female | Karpina |
| 56 | PRITI PRATAPATI | S.Y.B.M.S | 9152507740 | Female | Priti |
| 57 | RIDHIKA YADAV | S.Y.B.M.S | 8850168492 | Female | Ridhika |
| 58 | Shifa Shaikh | F.Y.B.A.F | 9768649420 | Female | Shifa |
| 59 | Harsheeda More | F.Y.B.A.F | 7977669180 | Female | Harsheeda |
| 60 | Nausheen Shaikh | F.Y.B.M.S | 1779286802 | Female | Nausheen |
| 61 | Harshi Iyayam | F.Y.B.M.S | 9137551609 | Female | Harshi |
| 62 | Bindra Patel | F.Y.B.M.S | 7208330304 | Female | Bindra |
| 63 | Shital Lohare | F.Y.B.M.S | 908249753 | Female | Shital |
| 64 | Nathania Alfonso | F.Y.B.M.S | 9890109567 | Female | Nathania |
| 65 | Sonia Ambre | F.Y.B.M.S | 8097957811 | Female | Sonia |
| 66 | Khan Alisha | F.Y.B.M.S | 9702958185 | Female | Alisha |
| 67 | Tejshri Rehman | F.Y.B.M.S | 7977690045 | Female | Tejshri |
| 68 | Priti Singh | F.Y.B.A.F | 9321965782 | Female | Priti |
| 69 | Sonia Ansari | F.Y.B.A.F | 9933965641 | Female | Sonia |
| 70 | Khan Arshi | F.Y.B.A.F | 9619676649 | Female | Arshi |
| 71 | Sanyana Yadav | F.Y.B.A.F | 8097107455 | Female | Sanyana |
| 72 | Asha Sayed | F.Y.B.A.F | 8828107289 | Female | Asha |
| 73 | Sidique Shurayya Bawar | F.Y.B.A.F | 8827347283 | Female | Sidique |

| Sr. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
|---------|-----------------------|------------|--------|-------------|-------------|
| 74 | manisha Loetha | T.Y.B.Com | Female | 9902664868 | manisha |
| 75 | Savita Yadav | T.Y.B.Com | Female | 8655129469 | Savita |
| 76 | Roshni Yadav | T.Y.B.Com | Female | 9004039098 | Roshni |
| 77 | Maria Daf Chauhan | F.Y.B.Com | Female | 8591551443 | Maria |
| 78 | Siddhi Ravindra Gupta | F.Y.B.A.F | F | 8369506259 | Siddhi |
| 79 | Smita Koti | F.Y.B.A.F | F | 9321563536 | Smita |
| 80 | Kavita Mahesh Dasari | F.Y.B.A.F | F | 8104530091 | Kavita |
| 81 | Kanya Surendri Katiaw | F.Y.B.A.F | F | 9967742710 | Kanya |
| 82 | Anjali Gangola | F.Y.B.A.F | F | 9321630057 | Anjali |
| 83 | Sejal Shukla | F.Y.B.A.F | F | 9321630057 | Sejal |
| 84 | Jidnya Dalvi | S.Y.B.Com | F | 9591449646 | Jidnya |
| 85 | Kanishka Kasurde | F.Y.B.A.F | F | 9619862253 | Kanishka |
| 86 | Sonjana Patil | F.Y.B.A.F | F | 7710081711 | Sonjana |
| 87 | Jyoti Sharma | F.Y.B.A.F | F | 8850585541 | Jyoti |
| 88 | Pragyashree Dengar | F.Y.B.A.F | F | 7304392195 | Pragyashree |
| 89 | Zenka Patil | T.Y.BMS | F | 7208536157 | Zenka |
| 90 | Muskan Verma | T.Y.BMS | F | 7208526159 | Muskan |
| 91 | Reena Yadav | F.Y.BSC IT | F | 7738856328 | Reena |
| 92 | Khushi Sharma | F.Y.BSC IT | F | 7710935074 | Khushi |
| 93 | Pooja Pariyar | S.Y.BMS | F | 9920912681 | Pooja |

Name & Signature of Teacher In-charge :

Shilpa

MS. Kinal Patel

| | | | | |
|-----------------------|------------|--------|------------|------------------|
| 94) MAMTA RANA | SYBMS | FEMALE | 9152354623 | Mamta Rana |
| 95) PRIYA BHALERAO | SYBMS | FEMALE | 8097664261 | Priya |
| 96) Sonam Pandey | F.Y.BSC IT | Female | 9118589573 | Sonam Pandey |
| 97) Nisha Yadav | F.Y.BSC IT | female | 8169492852 | Nisha |
| 98) Shrutiika Pillai | F.Y.BSC IT | Female | 9324589689 | Shrutiika |
| 99) Pragdiphalke | SYBAF | female | 9137973835 | Pragdiphalke |
| 100) Komal Yadav | SYBAF | female | 8779217451 | Komal |
| 101) Kavita Yadav | T.Y.BMS | female | 9136851552 | Kavita |
| 102) Anita Arethiya | T.Y.BMS | female | 9967487841 | Anita |
| 103) Rashi Shikar | SYBMS | female | 9004335744 | Rashi |
| 104) Yashita Pawar | T.Y.BMS | female | 9864314744 | Yashita |
| 105) Muskan Shweth | T.Y.BMS | female | 8591609289 | Muskan |
| 106) Koyal Yadav | T.Y.BSC IT | Female | 8090119582 | Koyal |
| 107) Sindhulavankhade | SYBAF | Female | 0920271622 | Sindhulavankhade |
| 108) Jhum Kum. Gupta | SYBAF | female | 9321831358 | Jhum Kum. Gupta |
| 109) Priyanka Dwivedi | T.Y.BSC IT | female | 8828204119 | Priyanka |
| 110) Asthmita Sorauna | T.Y.BMS | Female | 8094339445 | Asthmita |
| 111) Gayatri Jomagi | T.Y.BMS | female | 8976063041 | Gayatri |
| 112) Sini Bini | T.Y.BSC IT | female | 8097986290 | Sini Bini |
| 113) Aziya Shaikh | SYBSC IT | Female | 7208795447 | Aziya |
| 114) Clary D'silva | T.Y.BMS | Female | 9152703593 | Clary |
| 115) Jeffena Joseph | T.Y.BMS | Female | 7845400483 | Jeffena |

| Sr. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
|---------|--------------------------|-----------|--------|-------------|-----------|
| 116 | Shifa Saim Mirza | FY.BSC-IT | F | 9821335154 | Shifa |
| 117 | Jyoti Giriraj | FY.BCom | F | 7304380784 | Jyoti |
| 118 | Shifa M.R. Sardar | TY.BCom | F | 8879423240 | Shifa |
| 119 | Aakanksha Gupta | TY.BCom | F | 8879422240 | Aakanksha |
| 120 | Chandni Beafapati | FY.B.Com | F | 9769072771 | Chandni |
| 121 | Sneha Yadav | FY.B.Com | F | 9821306275 | Sneha |
| 122 | Asmita K. Dhamne | FY.BSC-IT | F | 8879769791 | Asmita |
| 123 | Royal D. Mishra | SY.BSC-IT | F | 9324843573 | Royal |
| 124 | Avyali Grawal | TY.BAF | F | 8291493711 | Avyali |
| 125 | Laxmi Yadav | TY.BAF | F | 7806169901 | Laxmi |
| 126 | Rekha Verma | TY.BAF | F | 7977625916 | Rekha |
| 127 | Geeta Patel | TY.BAF | F | 9425026592 | Geeta |
| 128 | Taniksha Jaiswal | FY.BAF | F | 9980828489 | Taniksha |
| 129 | Alweli Uppani | FY.BSC-IT | F | 9920239074 | Alweli |
| 130 | Geeta Boda | F.Y.BCom | F | 9004942500 | Geeta |
| 131 | Neelika Kharvi | F.Y.BCom | F | 9969111103 | Neelika |
| 132 | Sayyad Sanjiv | F.Y.BMS | F | 9321125266 | Sayyad |
| 133 | Muskan Shaikh | F.Y.BMS | F | 7138236330 | Muskan |
| 134 | Jayamary manickam | F.Y.BAF | F | 9894751621 | manickam |
| 135 | MONICA VINNARAGI MARISSA | FY.B.COM | F | 8779298675 | Monica |

Name & Signature of Teacher In-charge:  Ms. Kinjal Patel

| Sl. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
|---------|---------------------|----------|--------|-------------|-----------|
| 136 | Shreya Jaiswal | SY.BAF | F | 898890289 | Shreya |
| 137 | Pallavi Marbale | SY.BAF | F | 8657845693 | Pallavi |
| 138 | Joy Arora | SY.BAF | F | 9814377957 | Joy |
| 139 | Jawairi Hawikam | FY.B.Com | F | 8097709867 | Jawairi |
| 140 | Bhumi Bhingone | SY.BAF | F | 8591252656 | Bhumi |
| 141 | Bakshi GHRO1 | SY.BAF | F | 8169818804 | Bakshi |
| 142 | Zainab Guzeshi | SY.BAF | F | 9969136402 | Zainab |
| 143 | Tashu Singh | SY.BAF | F | 9326469302 | Tashu |
| 144 | Fizza Hashmi | SY.BAF | F | 7100250255 | Fizza |
| 145 | Naziria Shaikh | SY.BAF | F | 7304096477 | Naziria |
| 146 | Soleha Shaikh | SY.BAF | F | 7045973568 | Soleha |
| 147 | Shivani Shweta | SY.BAF | F | 8928284050 | Shivani |
| 148 | Reena Tomar | SY.BAF | F | 9009455690 | Reena |
| 149 | Ishika Kumar | TY.BMS | F | 7304364068 | Ishika |
| 150 | Arfana Avradkar | TY.BMS | F | 9969920567 | Arfana |
| 151 | Navita Danen | TY.BMS | F | 9833983048 | Navita |

| Sr. No. | Name of the Learner | Class | Gender | Contact No. | Signature |
|---------|------------------------------|------------|--------|---------------|------------------------------------|
| 152 | Shivamma Bombole | FYB.com | F | 9483262623 | Shivamma Bombole |
| 153 | Akanksha Yadav | FYB.com | F | 9769523380 | Akanksha Yadav |
| 154 | Gurpreet Kaur Suri | FYBOM | F | 9867675750 | Gurpreet Suri |
| 155 | Pooja Kumari Nande Puri | FYBOM | F | 9619919415 | Pooja Nande Puri |
| 156 | Analii Yadav | FYBOM | F | 81374894885 | Analii Yadav |
| 157 | Jyoti Deepika Akunmathi | FYBOM | F | 8591427758 | Jyoti Deepika Akunmathi |
| 158 | Payal Wahulkar | F.Y.BMS | Female | 7715926954 | Payal Wahulkar |
| 159 | Shreya Dandhal | F.Y.BMS | Female | 9653631811 | Shreya Dandhal |
| 160 | Nandini Prajapati | F.Y.BSC IT | Female | 7039706584 | Nandini Prajapati |
| 161 | Tanu Vishwakarma | FYBSCIT | Female | 9969136200144 | Tanu Vishwakarma |
| 162 | Nikk Jinal Jha | F.Y.BOM | Female | 9136937653 | Nikk Jinal Jha |
| 163 | Tishnvi Rajesh Rai | FYBOM | Female | 7738181534 | Tishnvi Rajesh Rai |
| 164 | Trisha Vishwakarkarma Bharat | FYBOM | F | 9702982655 | Trisha Vishwakarkarma Bharat |
| 165 | Nandini Gupta Anil | FYBOM | F | 9988921985 | Nandini Gupta Anil |
| 166 | Sonali Vishwanath Rathod | FYBSC IT | F | 9970769347 | Sonali Vishwanath Rathod |
| 167 | Riya Kadam | FYBSC IT | F | 9372384654 | Riya Kadam |
| 168 | Konar Nitya Murugan | FYBSC IT | F | 8591605089 | Konar Nitya Murugan |
| 169 | Sonar Shobhika Raj | FYBSC IT | F | 9082835642 | Sonar Shobhika Raj |
| 170 | Pinto Velankanni Marvel | FYBSC IT | F | 9967610957 | Pinto Velankanni Marvel |
| 171 | Daliya Bill Gates Franklin | FYBSC IT | F | 8591534323 | Daliya Bill Gates Franklin |

Name & Signature of Teacher In-charge:

Ms. Kinjal Patel

| | | | | |
|-----|-------------------|-----------|----------------------------|----------------------|
| 172 | Ingle Archana | F.Y.B.com | 8091108941 | Archana |
| 173 | Sakshi Upadhyay | F.Y.BMS | 8097859514 | Sakshi Upadhyay |
| 174 | Prashanti Maurya | F.Y.BMS | 8828114847 | Prashanti Maurya |
| 175 | Dipti Patel | TYBAF | 9321695055 | Dipti Patel |
| 176 | Shreya Yeslur | TYBAF | 9136709605 | Shreya Yeslur |
| 177 | Anjali Patel | TYBAF | 9824648249 | Anjali Patel |
| 178 | Firoza Kani Nadar | TYB.com | 9824766249 (9824766249) | Firoza Kani Nadar |

Name & Signature of Teacher In-charge : Ms. Icinal Patel

Name & Signature of Teacher In-charge : Ms. Kinjal Patel

Ms. Kinjal Patel
Event Head

Mr. Abhishek Karkera **Criteria Head**

**Mr. Ronald Mendonca
I.Q.A.C. Coordinator**

**Dr. Sharon Samuel
I/c. Principal**